



Family Constellations and Equine-Assisted Psychotherapy Group Workshop

Sensitive Claims Services

This group workshop is a combination of two modalities. Family Constellations are a method for exploring and healing ancestral trauma. Current life patterns such as histories of abuse and difficulties in past and current relationships can have their roots in unresolved trauma or situations from both known and unknown ancestors. This information is believed to be carried physiological in one's genes as well as connections we have to the field of consciousness present and past.

This workshop will use group processes in which participants are assisted by other members of the group to represent these elements in their life and the people both past and present whose unresolved stories and patterns are affecting the present. Resolution can clear blocks to assist therapeutic growth. Equine therapy will use horses as part of the group assisting by providing a mirror to emotional states, offering information about the situation and helping participants to gain greater mastery over their own emotional states. Horses are highly attuned to our emotional states and this feedback provides a tangible and kinesthetic representation that goes beyond words or story.

When and Where

Activities will take place both indoors and outdoors. This workshop is a series of three one-day sessions. Participants are expected to attend all three sessions on the following dates:

All sessions will be held at **242 Taylors Road, Otaki 5583** (Kāpiti Coast):

- 13 December 2025
- 31 January 2026
- 28 February 2026
- 8:30am – 5:00pm

Contact **Larry Honig** to register your kiritaki:

- everadvancing@aol.com
- **022 431 7969**





About the Facilitators

Jenny Gibbons (she/her) is a globally acclaimed facilitator and the visionary founder of H.E.A.R.T.S. Charitable Trust. She seamlessly weaves equine and whānau (family) constellations with ancestral Māori mātauranga (knowledge) and contemporary therapeutic approaches.

Through her transformative mahi (work), Jenny passionately advocates for kotahitanga (unity) and community well-being, and mental health advocacy. With over five decades of expertise in equine care and mental health, Jenny has pioneered innovative trauma recovery and equine-assisted psychotherapy programs. By blending traditional wisdom with modern approaches, she has set a new standard for holistic integration and perspectives.

Larry Honig is a registered Clinical Psychologist and has decades of experience serving adults with a wide variety of mental health issues in both inpatient and outpatient psychiatric and rehabilitation settings. He has a private practice and is a provider for ACC in both Sensitive Claims and Psychological Services for physical injury survivors.

His psychology work has always included ways to shift states of consciousness incorporating mind-body, transpersonal or spiritual elements. He is trained in traditional mainstream psychology as well as integrative techniques such as Reiki. His initial training was in clinical neuropsychology and he still uses this background in his LENS neurofeedback work. He views effective therapy as getting beyond just words and thoughts to find the seed of the issues in both this life and in the ancestral field.

Kiritaki Suitability

This workshop is for clients currently enrolled in sensitive claims services with a lead provider. This workshop is for survivors of trauma who are experiencing PTSD or other related psychiatric or interpersonal symptoms. It is open to both males and females ages 18 and older. Participants must have a counsellor or psychologist that they see regularly and will be responsible for aftercare and possibly assisting in post-workshop evaluation as necessary.

The exclusion criteria are active psychosis, or psychotic episodes within the last three months; participants at risk of suicide with active suicidal ideation or suicide attempts in the last six months; hospitalizations in the previous six months; participants at risk for harm to others (as determined by their lead provider).

How do you refer your kiritaki?

1. Approval from ACC – Contact the kiritaki's ACC Recovery Member as soon as possible.
2. You will need to provide a rationale, a time period (1 December to 28 February) and request the following codes be approved:
 - **SCSGTT** x 1 (Group based therapy triage)
 - **SCSGT** x 22.5 (Group-based therapy)
3. The supplier code is **VBK063** – PSCS (Psychological and Sensitive Claims Services)
4. Contact Larry to register kiritaki in a class.

For more information

PSCS Contracts Administration Team
sensitiveclaims@pscs.co.nz